



Sun	Mon	Tue	Wed	Thu	Fri	Sat
 <p style="text-align: center;"><i>“Have yourself a Merry little Christmas, let the yuletide ring”</i></p>						
<p>4</p> <p>11:15 Active Game 12:45 Pet Care 1:30 Musical Memories 2:45 Helping Hands 3:30 Old Time Show 4:15 Music & Massage 6:15 Simple Pleasures</p>	<p>5</p> <p>11:15 Active Game 2:00 Ladies Auxiliary Social Sorvest 2:30 Friendly Visits 4:15 Music & Massage 6:15 Sing-a-long</p>	<p>6 Scenic Drive & Hot Choco 10:00 Yoga SorVest 11:15 Active Game 1:30 Musical Memories 2:30 Bible Reading Ostheim 2:45 Mobile Library 4:15 Music & Massage</p>	<p>7</p> <p>11:15 Active Game 1:30 Helping Hands 2:15 Afternoon Social 3:30 Old Time Show 4:15 Music & Massage 6:00 Hymn Sing</p>	<p>8</p> <p>11:15 Active Game 1:30 Arts & Crafts 1:30 Coffee & Dessert Boston Pizza 2:15 Afternoon Social 3:30 Old Time Show 4:15 Music & Massage</p>	<p>9</p> <p>10:00 Bell Choir Vestheim 11:00 Music Therapy 1:30 Musical Memories 2:45 Helping Hands 4:15 Music & Massage 6:00 Senses Alive</p>	<p>3 10:30 Christmas Bazaar (Auditorium) Scenic Drive & Chocolate 1:30 Brain Games 2:45 Bible Reading 4:15 Music & Massage 6:00 Sing-a-long</p>
<p>11</p> <p>11:15 Active Game 12:45 Pet Care 1:30 Musical Memories 2:45 Helping Hands 3:30 Old Time Show 4:15 Music & Massage 6:15 Simple Pleasures</p>	<p>12</p> <p>11:15 Bowling 2:30 Christmas High Tea Sol 3:30 Old Time Show 4:15 Music & Massage 6:15 Sing-a-long</p>	<p>13</p> <p>11:15 Active Game 1:30 Musical Memories 2:15 Afternoon Social 2:30 Bible Reading Ostheim 4:15 Music & Massage 6:30 Senses Alive 6:00 Christmas Light Tour</p>	<p>14 10:00 Yoga SorVest 11:15 Active Game 1:30 Helping Hands 2:15 Afternoon Social 2:30 Catholic Mass Vestheim 4:15 Music & Massage 6:00 Hymn Sing</p>	<p>15 Massage Therapy 11:15 Active Game 12:00 Santa's Visit 2:00 Ladies Auxiliary Solheim 2:15 Afternoon Tea 3:30 Old Time Show 4:15 Music & Massage</p>	<p>16 10:00 Bell Choir Vestheim 11:00 Music Therapy 1:30 Ginger Bread House Making 2:45 Helping Hands 4:15 Music & Massage</p>	<p>17 Scenic Drive & Hot Choco 11:15 Active Game 1:30 Brain Games 2:45 Bible Reading 3:30 Old Time Show 4:15 Music & Massage 6:00 Sing-a-long</p>
<p>18</p> <p>11:15 Active Game 12:45 Pet Care 2:00 Lutheran Church Service Solheim 4:15 Music & Massage 6:15 Simple Pleasures</p>	<p>19</p> <p>11:00 Lunch: Cockney Kings 11:15 Active Game 1:30 Bowling 2:45 Hand & Nail Care 4:15 Music & Massage 6:15 Sing-a-long</p>	<p>20</p> <p>11:15 Active Game 1:30 Musical Memories 2:45 Garden Strolls 3:30 Old Time Show 4:15 Music & Massage 6:30 Senses Alive</p>	<p>21</p> <p>11:15 Active Game 1:30 Helping Hands 2:15 Birthday Social with Patrizia C 3:30 Old Time Show 4:15 Music & Massage 6:00 Hymn Sing</p>	<p>22</p> <p>11:15 Active Game 2:00 Christmas Play by Chinese Fellowship SorVest 3:30 Old Time Show 4:15 Music & Massage 6:00 Simple Pleasures</p>	<p>23</p> <p>10:00 Bell Choir Vestheim 11:00 Music Therapy 1:30 Musical Memories 2:45 Helping Hands 4:15 Music & Massage 6:00 Senses Alive</p>	<p>24 Christmas Eve Scenic Drive & Hot Choco 11:15 Active Game 1:30 Brain Games 2:15 Christmas Sing Along 3:15 Music & Massage 6:00 Sing-a-long</p>
<p>25 Christmas Day 11:15 Active Game 12:45 Pet Care 1:30 Musical Memories 2:45 Helping Hands 3:30 Old Time Show 4:15 Music & Massage 6:15 Simple Pleasures</p>	<p>26 Boxing Day 10:30 Bethesda Ministry Sor 11:15 Active Game 1:30 Bowling 2:45 Hand & Nail Care 4:15 Music & Massage 6:15 Sing-a-long</p>	<p>27</p> <p>11:15 Active Game 1:30 Musical Memories 2:45 Garden Strolls 3:30 Old Time Show 4:15 Music & Massage 6:30 Senses Alive</p>	<p>28</p> <p>11:15 Active Game 1:30 Helping Hands 2:15 Afternoon Social 3:30 Old Time Show 4:15 Music & Massage 6:00 Hymn Sing</p>	<p>29</p> <p>11:15 Active Game 1:30 Arts & Crafts 2:15 Afternoon Tea 3:30 Old Time Show 4:15 Music & Massage 6:00 Simple Pleasures</p>	<p>30</p> <p>11:15 Ball Toss 1:30 Musical Memories 2:30 New Year' Eve Special With Leo 2:45 Helping Hands 4:15 Music & Massage 6:00 Senses Alive</p>	<p>31 New Years Eve Scenic Drive & Hot Choco 11:15 Active Game 1:30 Brain Games 4:15 Music & Massage 6:00 Sing-a-long</p>



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	<p><i>“Have yourself a Merry little Christmas, let the yuletide ring”</i></p>			<p>1 11:15 Ladder Ball 1:00 Pet Care 1:45 Bowling 4:15 Current Events 6:00 Trivia</p>	<p>2 9:35 Pet Care 10:00 Bell Choir Vestheim 11:30 Shopping: Brentwood Mall 3:30 Brain Games</p>	<p>3 10:30 Christmas Bazaar (Auditorium) 9:35 Pet Care 10:00 Fun n’ Fitness 11:15 Music & Massage 2:15 Arts & Crafts 3:30 Helping Hands 4:15 Friendly Visits</p>
<p>4 Family Day</p>	<p>5 11:00 Lunch: Cockney Kings 2:00 Ladies Auxiliary Social 4:15 Creative Writing 6:00 Bingo</p>	<p>6 9:35 Pet Care 10:00 Yoga Class SorVest 11:15 Music & Massage 2:15 Afternoon Social 2:30 Bible Reading Ostheim 3:30 Helping Hands 4:00 Friendly Visits</p>	<p>7 9:35 Pet Care 10:00 Fun n’ Fitness 11:15 Puzzles & Games 1:30 Coffee & Dessert: Boston Pizza 6:00 Cribbage <i>SorVest</i></p>	<p>8 11:15 Ladder Ball 1:00 Pet Care 1:45 Bowling 4:15 Current Events 6:00 Trivia</p>	<p>9 9:35 Pet Care 10:00 Bell Choir Vestheim 11:15 Gardening 2:15 Afternoon Social 3:30 Brain Games</p>	<p>10 9:35 Pet Care 10:00 Fun n’ Fitness 11:15 Music & Massage 2:00 Kids Visit and Carols 3:30 Helping Hands 4:15 Friendly Visits</p>
<p>11 Family Day</p>	<p>12 11:15 Volleyball 1:00 Pet Care 2:30 Christmas High Tea Sor 4:15 Creative Writing 6:00 Bingo</p>	<p>13 9:35 Pet Care 10:00 Fun n’ Fitness 11:15 Music & Massage 2:30 Bible Reading Ostheim 4:00 Friendly Visits</p>	<p>14 9:35 Pet Care 10:00 Yoga Class SorVest 11:15 Puzzles & Games 2:30 Catholic Mass Vestheim 6:00 Cribbage <i>SorVest</i></p>	<p>15 Massage Therapy 11:15 Ladder Ball 12:00 Santa’s Visit 1:00 Pet Care 2:00 Ladies Auxiliary Solheim 4:15 Current Events 6:00 Trivia</p>	<p>16 9:35 Pet Care 10:00 Bell Choir Vestheim 11:15 Gardening 2:15 Ginger Bread House Making 3:30 Brain Games</p>	<p>17 Scenic Drive & Hot Choco 9:35 Pet Care 10:00 Fun n’ Fitness 11:15 Music & Massage 2:15 Arts & Crafts 3:30 Helping Hands 4:15 Friendly Visits</p>
<p>18 2:00 Lutheran Church Service Solheim</p>	<p>19 11:15 Volleyball 1:00 Pet Care 1:45 5 Card Bingo 4:15 Creative Writing 6:00 Bingo</p>	<p>20 9:35 Pet Care 10:00 Fun n’ Fitness 11:15 Music & Massage 2:15 Outing: Burnaby Village 4:00 Friendly Visits</p>	<p>21 9:35 Pet Care 10:00 Fun n’ Fitness 11:15 Puzzles & Games 2:30 Birthday Party w/with Patrizia C. 6:00 Cribbage <i>SorVest</i></p>	<p>22 11:15 Ladder Ball 1:00 Pet Care 2:00 Christmas Play by Chinese Fellowship Sor 4:15 Current Events 6:00 Trivia</p>	<p>23 9:35 Pet Care 10:00 Bell Choir Vestheim 11:30 Casino Outing: Granvilla Casino 3:30 Brain Games</p>	<p>24 Christmas Eve 9:35 Pet Care 10:00 Fun n’ Fitness 11:15 Music & Massage 2:15 Arts & Crafts 3:30 Helping Hands 4:15 Friendly Visits</p>
<p>25 Merry Christmas!</p>	<p>26 Boxing Day 10:30 Bethesda Ministry Sor 11:15 Volleyball 1:00 Pet Care 1:45 5 Card Bingo 4:15 Creative Writing 6:00 Bingo</p>	<p>27 9:35 Pet Care 10:00 Fun n’ Fitness 11:15 Music & Massage 2:15 Afternoon Social 3:30 Helping Hands 4:00 Friendly Visits 6:00 Christmas Light Tour</p>	<p>28 9:35 Pet Care 10:00 Fun n’ Fitness 11:15 Puzzles & Games 2:15 Hymn Sing 3:30 Helping Hands 6:00 Cribbage <i>SorVest</i></p>	<p>29 11:15 Ladder Ball 1:00 Pet Care 1:45 Bowling 4:15 Current Events 6:00 Trivia</p>	<p>30 9:35 Pet Care 10:00 Bell Choir Vestheim 11:30 Bowling: Zone Bowling 2:30 New Year’ Eve Special With Leo Sor 3:30 Brain Games</p>	<p>31 New Years Eve 9:35 Pet Care 10:00 Fun n’ Fitness 11:15 Music & Massage 2:15 Arts & Crafts 3:30 Helping Hands 4:15 Friendly Visits</p>



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	<p><i>“Have yourself a Merry little Christmas, let the yuletide ring”</i></p>			<p>1 9:35 Pet Care x 2 10:00 Fun n’ Fitness 11:15 Music & Massage 2:15 Bingo 3:30 Friendly Visits</p>	<p>2 10:00 Bell Choir Vestheim 11:15 Ladder Ball 1:00 Pet Care 1:45 Spelling Bee 4:00 Helping Hands 6:00 Trivia</p>	<p>3 10:30 Christmas Bazaar (Auditorium) 9:35 Pet Care 10:00 Fun n’ Fitness 11:15 Music & Massage 2:15 Simple Pleasures 3:30 Hand & Nail Care</p>
<p>4 Family Day</p>	<p>5 9:35 Pet Care x 2 10:00 Fun n’ Fitness 11:15 Music & Massage 2:00 Ladies Auxiliary Social 2:30 Friendly Visits 4:00 Helping Hands</p>	<p>6 10:00 Yoga Class SorVest Scenic Drive & Hot Chocolate 11:15 Volleyball 1:00 Pet Care 1:45 Arts & Crafts 4:00 Creative Writing 6:00 Hymn Sing</p>	<p>7 9:35 Pet Care 10:00 Bowling 11:15 Music & Massage 2:15 5 Card Bingo 3:30 Helping Hands</p>	<p>8 9:35 Pet Care x 2 10:00 Fun n’ Fitness 11:15 Music & Massage 1:30 Coffee & Dessert: Boston Pizza 2:00 Chinese Fellowship 3:30 Friendly Visits</p>	<p>9 10:00 Bell Choir Vestheim 11:15 Ladder Ball 1:00 Pet Care 1:45 Spelling Bee 4:00 Helping Hands 6:00 Trivia</p>	<p>10 Scenic Drive & Hot Choco 9:35 Pet Care 10:00 Fun n’ Fitness 11:15 Music & Massage 2:00 Kids Visit and Carols 3:30 Hand & Nail Care</p>
<p>11 Family Day</p>	<p>12 9:35 Pet Care x 2 10:00 Fun n’ Fitness 11:15 Music & Massage 2:30 Christmas High Tea 4:00 Helping Hands</p>	<p>13 11:15 Volleyball 1:45 Arts & Crafts 4:00 Creative Writing 6:00 Hymn Sing 6:00 Christmas Light Tour</p>	<p>14 10:00 Yoga Class SorVest 9:35 Pet Care 10:00 Bowling 11:15 Music & Massage 2:15 5 Card Bingo 2:30 Catholic Mass Vestheim 3:30 Helping Hands</p>	<p>15 Massage Therapy 9:35 Pet Care x 2 10:00 Fun n’ Fitness 11:15 Music & Massage 12:00 Santa’s Visit 2:00 Ladies Auxiliary Social 4:30 Friendly Visit</p>	<p>16 10:00 Bell Choir Vestheim 11:30 Shopping: Walmart 4:00 Helping Hands 6:00 Trivia</p>	<p>17 9:35 Pet Care 10:00 Fun n’ Fitness 11:15 Music & Massage 2:15 Simple Pleasures 3:30 Hand & Nail Care</p>
<p>18 2:00 Lutheran Church Service</p>	<p>19 9:35 Pet Care x 2 10:00 Fun n’ Fitness 11:00 Lunch: Cockney Kings 3:30 Friendly Visits 4:00 Helping Hands</p>	<p>20 11:15 Volleyball 1:00 Pet Care 1:45 Arts & Crafts 4:00 Creative Writing 6:00 Hymn Sing</p>	<p>21 9:35 Pet Care 10:00 Bowling 11:15 Music & Massage 2:30 Birthday Party w/with Patrizia C. 3:00 Helping Hands</p>	<p>22 9:35 Pet Care x 2 10:00 Fun n’ Fitness 11:15 Music & Massage 2:00 Christmas Play by Chinese Fellowship 3:30 Friendly Visits</p>	<p>23 10:00 Bell Choir Vestheim 11:15 Ladder Ball 1:00 Pet Care 1:45 Spelling Bee 4:00 Helping Hands 6:00 Trivia</p>	<p>24 Christmas Eve 9:35 Pet Care 10:00 Fun n’ Fitness 11:15 Music & Massage 2:15 Simple Pleasures 3:30 Hand & Nail Care</p>
<p>25 Merry Christmas!</p>	<p>26 Boxing Day 9:35 Pet Care x 2 10:00 Fun n’ Fitness 11:15 Music & Massage 2:15 Brain Games 3:30 Friendly Visits 4:00 Helping Hands</p>	<p>27 11:15 Volleyball 1:00 Pet Care 1:45 Arts & Crafts 4:00 Creative Writing 6:00 Hymn Sing</p>	<p>28 9:35 Pet Care 10:00 Bowling 11:15 Music & Massage 2:15 5 Card Bingo 3:30 Helping Hands</p>	<p>29 9:35 Pet Care x 2 10:00 Fun n’ Fitness 11:15 Music & Massage 2:15 Bingo 3:30 Friendly Visits</p>	<p>30 11:15 Ladder Ball 1:00 Pet Care 2:30 New Year’ Eve Special With Leo Sor 4:00 Helping Hands 6:00 Trivia</p>	<p>31 New Years Eve Scenic Drive & Hot Chocolate 10:00 Fun n’ Fitness 11:15 Music & Massage 2:15 Simple Pleasures 3:30 Hand & Nail Care</p>



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	<p><i>“Have yourself a Merry little Christmas, let the yuletide ring”</i></p>			<p>1 9:45 Fun n’ Fitness 10:45 Mental Aerobics 11:15 Hand & Nail Care 2:00 Chinese Fellowship 3:30 Helping Hands 6:00 Trivia <i>Ostheim</i></p>	<p>2 10:00 Bell Choir 11:15 Crossword Puzzle 2:15 Bowling 3:30 Music & Massage 4:00 Friendly Visits</p>	<p>3 10:30 Christmas Bazaar <i>(Auditorium)</i> Scenic Drive & Hot Choco 11:15 Ladder Ball 1:45 5 Card Bingo 3:00 Movie Time 4:15 Creative Writing 6:00 Scrabble</p>
<p>4 Family Day</p>	<p>5 9:45 Fun n’ Fitness 11:15 Current Events 2:00 Ladies Auxiliary Social 4:00 Friendly Visits</p>	<p>6 Scenic Drive & Hot Choco 10:00 Yoga Class SorVest 11:15 Puzzles & Games 2:15 Brain Games 2:30 Bible Reading Ostheim 3:30 Music & Massage 6:00 Hymn Sing <i>Solheim</i></p>	<p>7 11:15 Volleyball 1:45 Arts & Crafts 3:00 Movie Time 4:15 Hymn Sing 6:00 Cribbage</p>	<p>8 9:45 Fun n’ Fitness 10:45 Mental Aerobics 11:15 Hand & Nail Care 2:00 Mobile Library 3:30 Helping Hands 6:00 Trivia <i>Ostheim</i></p>	<p>9 10:00 Bell Choir 10:30 Scandinavian Outing 3:30 Music & Massage 4:00 Friendly Visits</p>	<p>10 11:15 Ladder Ball 2:00 Kids Visit and Carols 3:00 Movie Time 4:15 Creative Writing 6:00 Scrabble</p>
<p>11 Family Day</p>	<p>12 9:45 Fun n’ Fitness 11:00 Lunch: Swiss Chalet 2:30 Christmas High Tea 3:30 Helping Hands 4:00 Friendly Visits</p>	<p>13 9:45 Fun n’ Fitness 11:15 Puzzles & Games 2:15 Afternoon Social 2:30 Bible Reading Ostheim 3:00 Table Games 6:00 Hymn Sing <i>Solheim</i></p>	<p>14 10:00 Yoga Class 11:15 Word Games 1:45 Friendly Visits 2:30 Catholic Mass 4:15 Hymn Sing 6:00 Cribbage</p>	<p>15 Massage Therapy 9:45 Fun n’ Fitness 10:45 Mental Aerobics 12:00 Santa’s Visit 2:00 Ladies Auxiliary Solheim 3:30 Helping Hands 6:00 Trivia <i>Ostheim</i></p>	<p>16 10:00 Bell Choir 11:15 Crossword Puzzle 2:15 Ginger Bread House Making 3:30 Music & Massage 4:00 Friendly Visits</p>	<p>17 11:15 Ladder Ball 1:45 5 Card Bingo 3:00 Movie Time 4:15 Creative Writing 6:00 Scrabble</p>
<p>18 2:00 Lutheran Church Service <i>Solheim</i></p>	<p>19 9:45 Fun n’ Fitness 11:15 Current Events 2:15 Afternoon Social 3:00 Helping Hands 4:00 Friendly Visits</p>	<p>20 9:45 Fun n’ Fitness 11:15 Puzzles & Games 2:15 Brain Games 3:30 Music & Massage 6:00 Hymn Sing <i>Solheim</i></p>	<p>21 11:15 Volleyball 2:30 Birthday Party w/with Patrizia C. 4:30 Friendly Visits 6:00 Cribbage</p>	<p>22 9:45 Fun n’ Fitness 10:45 Mental Aerobics 11:15 Hand & Nail Care 2:00 Christmas Play by Chinese Fellowship 6:00 Trivia <i>Ostheim</i></p>	<p>23 10:00 Bell Choir 11:15 Crossword Puzzle 2:15 Bowling 3:30 Music & Massage 4:00 Friendly Visits</p>	<p>24 Christmas Eve Scenic Drive & Hot Choco 11:15 Ladder Ball 1:45 5 Card Bingo 3:00 Movie Time 4:15 Creative Writing 6:00 Scrabble</p>
<p>25 Merry Christmas! </p>	<p>26 Boxing Day 10:30 Bethesda Ministry 11:15 Current Events 2:15 Afternoon Social 3:00 Helping Hands 4:00 Friendly Visits</p>	<p>27 9:45 Fun n’ Fitness 11:15 Puzzles & Games 2:15 Brain Games 3:30 Music & Massage 6:00 Christmas Light Tour 6:00 Hymn Sing <i>Solheim</i></p>	<p>28 11:15 Volleyball 1:45 Arts & Crafts 3:00 Movie Time 4:15 Hymn Sing 6:00 Cribbage</p>	<p>29 9:45 Fun n’ Fitness 10:45 Mental Aerobics 11:15 Hand & Nail Care 2:00 Mobile Library 3:30 Helping Hands 6:00 Trivia <i>Ostheim</i></p>	<p>30 10:00 Bell Choir 11:15 Crossword Puzzle 2:30 New Year’ Eve Special With Leo Sor 3:30 Music & Massage 4:00 Friendly Visits</p>	<p>31 New Years Eve 11:15 Ladder Ball 1:45 5 Card Bingo 3:00 Movie Time 4:15 Creative Writing 6:00 Scrabble</p>