



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>2</p> <p>11:15 Active Game 1:30 Musical Memories 2:45 Helping Hands 4:15 Music & Massage 6:20 Simple Pleasures</p>	<p>3</p> <p>11:15 Active Game 2:00 Ladies Auxiliary Social with Greg H. SorVest 4:15 Music & Massage 6:20 Sing-a-long</p>	<p>4</p> <p>11:15 Active Game 1:30 Bowling 2:30 Bible Reading Ostheim 2:45 Garden Strolls 4:15 Music & Massage 6:20 Senses Alive</p>	<p>5</p> <p>11:00 Outing: IHOP 11:15 Active Game 1:45 Bread Making 2:15 Afternoon Social 4:15 Music & Massage 6:20 Hymn Sing</p>	<p>6</p> <p>11:15 Active Game 1:30 Arts & Crafts 2:00 Chinese Fellowship Sol 2:45 Garden Strolls 4:15 Music & Massage 6:20 Simple Pleasures</p>	<p>7</p> <p>11:00 Music Therapy 1:30 Musical Memories 2:45 Helping Hands 4:15 Music & Massage 6:20 Senses Alive</p>	<p>1 & 8</p> <p>11:15 Active Game 1:15 Outing: Drive & Apple Cider 1:30 Brain Games 2:45 Bible Reading 4:15 Music & Massage 6:20 Sing-a-long</p>
<p>9</p> <p>11:15 Active Game 1:30 Musical Memories 2:45 Helping Hands 4:15 Music & Massage 6:20 Simple Pleasures</p>	<p>10 Thanksgiving Day</p> <p>11:15 Active Game 2:30 Thanksgiving Social with Ralph S. SorVest 4:15 Music & Massage 6:20 Sing-a-long</p>	<p>11 9:45 Outing: Haunted Tour</p> <p>10:30 Yoga Class SorVest 11:15 Active Game 1:30 Bowling 2:30 Bible Reading Ostheim 2:45 Garden Strolls 3:30 Res. & Fam. Council Ostheim</p>	<p>12</p> <p>11:15 Active Game 1:45 Bread Making 2:15 Afternoon Social 2:30 Catholic Mass Vestheim 4:15 Music & Massage</p>	<p>13 Massage Therapy</p> <p>10:30 Bethesda Ministry Sol 11:15 Active Game 1:30 Arts & Crafts 2:00 Chinese Fellowship Sor 2:45 Garden Strolls 4:15 Music & Massage</p>	<p>14</p> <p>10:30 Scandinavian Outing 11:00 Music Therapy 1:30 Musical Memories 2:45 Helping Hands 4:15 Music & Massage 6:20 Senses Alive</p>	<p>15</p> <p>11:15 Active Game 1:30 Brain Games 2:45 Bible Reading 4:15 Music & Massage 6:20 Sing-a-long</p>
<p>16</p> <p>11:15 Active Game 2:00 Lutheran Church Service Solheim 4:15 Music & Massage 6:20 Simple Pleasures</p>	<p>17</p> <p>11:00 Outing: Cockney Kings 11:15 Active Game 1:30 Bowling 2:45 Hand & Nail Care 4:15 Music & Massage 6:20 Sing-a-long</p>	<p>18</p> <p>11:15 Active Game 1:30 Musical Memories 2:45 Garden Strolls 4:15 Music & Massage 6:20 Senses Alive</p>	<p>19</p> <p>11:15 Active Game 1:45 Bread Making 2:30 Birthday Party w/ith John P. SorVest 4:15 Music & Massage 6:20 Hymn Sing</p>	<p>20</p> <p>10:30 Outing: Shadbolt Centre 11:15 Active Game 2:00 Ladies Auxiliary Social With Richard S. Solheim 4:15 Music & Massage 6:20 Simple Pleasures</p>	<p>21</p> <p>11:00 Music Therapy 1:30 Musical Memories 2:45 Helping Hands 4:15 Music & Massage 6:20 Senses Alive</p>	<p>22</p> <p>11:15 Active Game 1:30 Brain Games 2:45 Bible Reading 4:15 Music & Massage 6:20 Sing-a-long</p>
<p>23</p> <p>11:15 Active Game 1:30 Musical Memories 2:45 Helping Hands 4:15 Music & Massage 6:20 Simple Pleasures</p>	<p>24</p> <p>10:30 Bethesda Ministry SorVest 11:15 Active Game 1:30 Bowling 2:45 Hand & Nail Care 4:15 Music & Massage 6:20 Sing-a-long</p>	<p>25</p> <p>10:30 Yoga Class SorVest 11:15 Active Game 2:30 Octoberfest with Peter P. SorVest 4:15 Music & Massage 6:20 Senses Alive</p>	<p>26</p> <p>11:15 Active Game 1:45 Bread Making 2:15 Afternoon Social 4:15 Music & Massage 6:20 Hymn Sing</p>	<p>27 Massage Therapy</p> <p>11:15 Active Game 1:30 Arts & Crafts 2:30 Celebration of Life SorVest 4:15 Music & Massage 6:20 Simple Pleasures</p>	<p>28</p> <p>11:00 Music Therapy 1:30 Musical Memories 2:45 Helping Hands 4:15 Music & Massage 6:20 Senses Alive</p>	<p>29</p> <p>11:15 Active Game 1:15 Outing: Drive & Apple Cider 1:30 Brain Games 2:45 Bible Reading 4:15 Music & Massage 6:20 Sing-a-long</p>
<p>30</p> <p>11:15 Active Game 1:30 Musical Memories 2:45 Helping Hands 4:15 Music & Massage 6:20 Simple Pleasures</p>	<p>31 Happy Halloween</p> <p>11:45 Halloween Parade 2:00 Halloween Party with Gord The Magician SorVest 4:15 Music & Massage 6:20 Sing-a-long</p>					



Sun	Mon	Tue	Wed	Thu	Fri	Sat
2 Family Day	3 11:15 Volleyball 2:00 Ladies Auxiliary Social with Greg H. SorVest 4:15 Creative Writing 6:00 Garden Visits	4 10:00 Fun n' Fitness 11:15 Music & Massage 1:30 Coffee: Ricky's 2:30 Bible Reading 4:30 Friendly Visits	5 10:00 Fun n' Fitness 11:15 Puzzles & Games 2:15 Hymn Sing 3:30 Helping Hands 6:00 Crossword <i>SorVest</i>	6 11:15 Ladder Ball 1:45 Bowling 2:00 Chinese Fellowship Sol 3:00 Movie Time 4:15 Current Events 6:00 Games Night	7 10:00 Bell Choir Vestheim 10:00 Fun n' Fitness 11:15 Gardening 1:30 Garden Strolls 2:15 Bread Making 3:00 Helping Hands 4:00 Brain Games	1 & 8 10:00 Fun n' Fitness 11:15 Music & Massage 2:15 Arts & Crafts 3:30 Crossword
9 Family Day	10 Thanksgiving Day 11:15 Volleyball 2:30 Thanksgiving Social with Ralph S. SorVest 4:15 Creative Writing 6:00 Garden Visits	11 10:30 Yoga Class SorVest 11:15 Music & Massage 2:15 Afternoon Social 2:30 Bible Reading 3:30 Resident & Family Council	12 10:00 Fun n' Fitness 11:15 Puzzles & Games 2:15 Hymn Sing 2:30 Catholic Mass Vestheim 3:30 Helping Hands	13 Massage Therapy 10:30 Bethesda Ministry Sol 11:15 Ladder Ball 1:45 Bread Making 2:00 Chinese Fellowship Sor 4:15 Current Events	14 Scandinavian Outing 10:00 Bell Choir Vestheim 10:00 Fun n' Fitness 11:15 Trivia 2:15 Tea Social 3:00 Helping Hands 4:00 Brain Games	15 10:00 Fun n' Fitness 11:15 Music & Massage 1:15 Drive & Hot Choco 2:15 Arts & Crafts 3:30 Dominoes
16 Family Day 2:00 Lutheran Church Service Solheim	17 11:15 Volleyball 1:45 5 Card Bingo 3:00 Movie Time 4:15 Creative Writing 6:00 Garden Visits	18 10:00 Fun n' Fitness 11:15 Music & Massage 2:15 Afternoon Social 3:00 Reminiscing 4:00 Friendly Visits	19 10:00 Fun n' Fitness 11:15 Puzzles & Games 2:30 Birthday Party w/ith John P. SorVest 6:00 Crossword <i>SorVest</i>	20 11:15 Ladder Ball 2:00 Ladies Auxiliary Social With Richard S. Solheim 3:00 Movie Time 4:15 Current Events 6:00 Games Night	21 10:00 Bell Choir Vestheim 10:00 Fun n' Fitness 11:30 Outing: Casino 4:00 Brain Games	22 10:00 Fun n' Fitness 11:15 Music & Massage 2:15 Arts & Crafts 3:30 Crossword
23 Family Day	24 10:30 Bethesda Ministry Sor 11:00 Lunch: IHOP 3:00 Movie Time 4:15 Creative Writing 6:00 Garden Visits	25 10:30 Yoga Class SorVest 10:00 Fun n' Fitness 11:15 Music & Massage 2:30 Octoberfest with Peter P. SorVest 4:30 Friendly Visits	26 10:00 Fun n' Fitness 11:15 Puzzles & Games 2:15 Hymn Sing 3:30 Helping Hands 6:00 Cribbage <i>SorVest</i>	27 Massage Therapy 9:45 Drive: Haunted Tour 11:15 Ladder Ball 1:45 Bread Making 2:30 Celebration of Life SorVest 4:15 Current Events 6:00 Games Night	28 10:00 Bell Choir Vestheim 10:00 Fun n' Fitness 11:15 Gardening 1:30 Garden Strolls 2:15 Karaoke 3:00 Helping Hands	29 10:00 Fun n' Fitness 11:15 Music & Massage 2:15 Arts & Crafts 3:30 Dominoes
30 Family Day	31 Happy Halloween 11:45 Halloween Parade 2:00 Halloween Party with Gord The Magician SorVest 4:15 Creative Writing 6:00 Garden Visits					



Sun	Mon	Tue	Wed	Thu	Fri	Sat
2 Family Day	3 10:00 Fun n' Fitness 11:15 Music & Massage 2:00 Ladies Auxiliary Social with Greg H. SorVest 3:30 Friendly Visits 4:30 Walking Program	4 11:15 Volleyball 1:30 Walking Program 2:30 Bible Reading Ostheim 3:00 Movie Time 4:00 Creative Writing 6:00 Hymn Sing	5 10:00 Bowling 11:00 Lunch: IHOP 3:30 Arts & Crafts 6:00 Crossword <i>SorVest</i>	6 10:00 Fun n' Fitness 11:15 Music & Massage 2:00 Chinese Fellowship Sol 3:30 <i>Decoration Committee</i> 4:30 Walking Program	7 10:00 Bell Choir Ves- <i>them</i> 11:15 Ladder Ball 1:45 Bread Making Solheim 3:00 Movie Time 4:00 Helping Hands	1 & 8 10:00 Fun n' Fitness 11:15 Music & Massage 1:15 Drive & Apple Cider 2:15 Social Tea 3:00 Hand & Nail Care 4:00 Story Reading
9 Family Day	10 Thanksgiving Day 10:00 Fun n' Fitness 11:15 Music & Massage 2:30 Thanksgiving Social with Ralph S. SorVest 4:30 Walking Program	11 9:45 Haunted House Tour 10:30 Yoga Class SorVest 11:15 Volleyball 2:30 Bible Reading Ostheim 3:30 Resident & Family Council 4:00 Friendly Visits 6:00 Take-Off-Decorations	12 10:00 Bowling 11:15 Music & Massage 2:15 5 Card Bingo 2:30 Catholic Mass Ves- <i>them</i> 3:30 Helping Hands	13 Massage Therapy 10:30 Bethesda Ministry 2:00 Chinese Fellowship Sor 2:15 Bingo 3:30 Friendly Visits 4:30 Walking Program	14 Scandinavian Outing 10:00 Bell Choir Ves- <i>them</i> 11:15 Ladder Ball 1:45 Spelling Bee 3:00 Movie Time 4:00 Helping Hands	15 10:00 Fun n' Fitness 11:15 Music & Massage 2:15 Hot Chocolate Social 3:00 Hand & Nail Care 4:00 Story Reading
16 Family Day 2:00 Lutheran Church Service Solheim	17 10:00 Fun n' Fitness 11:00 Lunch: Cockney King's 3:30 Friendly Visits 4:30 Walking Program	18 11:15 Volleyball 1:45 Arts & Crafts 3:00 Movie Time 4:00 Arts & Crafts 6:00 Hymn Sing	19 10:00 Bowling 11:15 Music & Massage 2:30 Birthday Party w/ith John P. SorVest 4:30 Friendly Visits 6:00 Crossword <i>SorVest</i>	20 10:00 Fun n' Fitness 10:30 Outing: Shadbolt Centre 11:15 Music & Massage 2:00 Ladies Auxiliary Social With Richard S. Solheim 4:00 Walking Program	21 10:00 Bell Choir Ves- <i>them</i> 11:15 Ladder Ball 1:45 Bread Making Solheim 3:00 Movie Time 4:00 Decoration Committee	22 10:00 Fun n' Fitness 11:15 Music & Massage 2:15 Social Tea 3:00 Hand & Nail Care 4:00 Story Reading
23 Family Day	24 10:00 Fun n' Fitness 10:30 Bethesda Ministry Sor 11:15 Music & Massage 2:15 Spelling Bee 3:30 Friendly Visits 4:30 Walking Program	25 10:30 Yoga Class SorVest 11:15 Volleyball 2:30 Octoberfest with Peter P. SorVest 4:30 Friendly Visits 6:00 Hymn Sing	26 10:00 Bowling 11:15 Music & Massage 2:15 5 Card Bingo 3:30 Take-Off-Decorations 6:00 Cribbage <i>SorVest</i>	27 Massage Therapy 10:00 Fun n' Fitness 11:15 Music & Massage 2:15 Bingo 2:30 Celebration of Life SorVest 3:30 <i>Decoration Committee</i> 4:30 Walking Program	28 10:00 Bell Choir Ves- <i>them</i> 11:15 Ladder Ball 1:45 Spelling Bee 3:00 Movie Time 4:00 Helping Hands	29 10:00 Fun n' Fitness 11:15 Music & Massage 1:15 Drive & Hot Choco 2:15 Hot Chocolate Social 3:00 Hand & Nail Care 4:00 Story Reading
30 Family Day	31 Halloween 10:00 Fun n' Fitness 11:15 Music & Massage 11:45 Halloween Parade 2:00 Halloween Party with Gord The Magician SorVest 4:30 Walking Program					



Sun	Mon	Tue	Wed	Thu	Fri	Sat
2 <i>Family Day</i>	3 9:45 Fun n' Fitness 11:15 Current Events 2:00 Ladies Auxiliary Social with Greg H. SorVest 4:30 Friendly Visits	4 9:45 Fun N Fitness 11:00 Puzzles & Games 2:30 Bible Reading Ostheim 3:30 Music & Massage 6:00 Hymn Sing Solheim	5 11:15 Volleyball 1:45 Arts & Crafts 3:00 Movie Time 4:15 Hymn Sing 6:00 Crossword	6 9:45 Fun n' Fitness 11:15 Hand & Nail Care 2:15 Karaoke 2:00 Chinese Fellowship Sol 3:30 Helping Hands 6:00 Games Night Ostheim	7 10:00 Bell Choir Ves-theim 11:30 Shopping: Walmart 2:15 Bread Making Ostheim 4:00 Friendly Visits	1 & 8 11:15 Ladder Ball 1:15 Outing: Drive & Hot Choco 1:45 5 Card Bingo 3:00 Movie Time 4:15 Garden Visits 6:00 Scrabble
9 <i>Family Day</i>	10 Thanksgiving Day 9:45 Fun n' Fitness 11:15 Current Events 2:30 Thanksgiving Social with Ralph S. SorVest 4:30 Friendly Visits	11 10:30 Yoga Class SorVest 11:15 Puzzles & Games 2:15 Brain Games 2:30 Bible Reading Ostheim 3:30 Music & Massage 3:30 Resident & Family Council	12 11:15 Volleyball 1:45 Arts & Crafts 2:30 Catholic Mass Ves-theim 4:15 Hymn Sing 6:00 Cribbage	13 Massage Therapy 9:45 Fun n' Fitness 10:30 Bethesda Ministry Sol 11:15 Hand & Nail Care 2:00 Chinese Fellowship 3:30 Helping Hands 6:00 Games Night Ostheim	14 10:00 Bell Choir Ves-theim 10:30 Scandinavian Outing 11:15 Crossword Puzzle 2:15 Bowling 3:30 Music & Massage	15 11:15 Ladder Ball 1:45 5 Card Bingo 3:00 Movie Time 4:15 Garden Visits 6:00 Scrabble
16 <i>Family Day</i> 2:00 Lutheran Church Service Solheim	17 9:45 Fun n' Fitness 11:15 Current Events 2:15 Tea Social 3:00 Scrabble 4:00 Friendly Visits	18 9:45 Drive: Haunted Tour 9:45 Fun N Fitness 11:00 Puzzles & Games 2:15 Brain Games 3:30 Music & Massage	19 11:15 Volleyball 2:30 Birthday Party w/ith John P. SorVest 4:30 Walking Program 6:00 Crossword	20 9:45 Fun n' Fitness 11:15 Hand & Nail Care 2:00 Ladies Auxiliary Social With Richard S. Solheim 3:30 Helping Hands 6:00 Games Night Ostheim	21 10:00 Bell Choir Ves-theim 11:15 Crossword Puzzle 2:15 Bowling 2:15 Bread Making Ostheim 3:30 Music & Massage	22 11:15 Ladder Ball 1:15 Drive & Apple Cider 1:45 5 Card Bingo 3:00 Movie Time 4:15 Garden Visits 6:00 Scrabble
23 <i>Family Day</i>	24 10:30 Bethesda Ministry 2:15 Tea Social 3:00 Card Games 4:00 Friendly Visits	25 10:30 Yoga Class SorVest 11:15 Puzzles & Games 1:30 Drive: Southlands Farm: Pumpkin Patch & Petting Zoo 2:30 Octoberfest with Peter P. SorVest	26 11:15 Volleyball 1:45 Arts & Crafts 3:00 Movie Time 4:15 Hymn Sing 6:00 Cribbage	27 Massage Therapy 9:45 Fun n' Fitness 11:15 Hand & Nail Care 2:30 Celebration of Life SorVest 3:30 Helping Hands 6:00 Games Night Ostheim	28 10:00 Bell Choir Ves-theim 11:30 Bowling: Zone Bowling 3:30 Music & Massage 4:00 Friendly Visits	29 11:15 Ladder Ball 1:45 5 Card Bingo 3:00 Movie Time 4:15 Garden Visits 6:00 Scrabble
30 <i>Family Day</i>	31 Halloween 9:45 Fun n' Fitness 11:45 Lunch: Cockney King's 11:00 Halloween Parade 2:00 Halloween Party with Gord The Magician SorVest 4:00 Friendly Visits					