



Sun

Mon

Tue

Wed

Thu

Fri

Sat



*School days, school days, dear old golden rule  
days. Reading and writing and arithmetic,  
taught to the tune of a hickory stick...*



				<p><i>1</i> 11:15 Active Game 1:30 Arts &amp; Crafts <b>2:00 Chinese Fellowship Sol</b> 2:45 Garden Strolls 4:15 Music &amp; Massage 6:20 Simple Pleasures</p>	<p><i>2]</i> <b>11:00 Bell Choir</b> 1:30 Musical Memories 2:45 Helping Hands 4:15 Music &amp; Massage 6:20 Senses Alive</p>	<p><i>3</i> 11:15 Active Game 1:30 Brain Games 2:45 Bible Reading 4:15 Music &amp; Massage 6:20 Sing-a-long</p>
<p><i>4</i> 11:15 Active Game 1:30 Musical Memories 2:45 Helping Hands 4:15 Music &amp; Massage 6:20 Simple Pleasures</p>	<p><b>5 Labour Day</b> 11:15 Active Game 1:30 Friendly Visits <b>2:30 Labour Day Social w/ Rob</b> 4:15 Music &amp; Massage 6:20 Sing-a-long</p>	<p><i>6</i> 11:15 Active Game 1:30 Musical Memories 2:45 Garden Strolls 4:15 Music &amp; Massage 6:20 Senses Alive</p>	<p><i>7</i> 11:15 Active Game 1:30 Helping Hands <b>2:30 Cruise Ship Day w/ Colleen D</b> 4:15 Music &amp; Massage 6:20 Hymn Sing</p>	<p><b>8 Massage Therapy</b> <b>10:30 Bethesda Ministry Sol</b> 11:15 Active Game 1:30 Arts &amp; Crafts 2:45 Garden Strolls 4:15 Music &amp; Massage 6:20 Simple Pleasures</p>	<p><i>9</i> <b>11:00 Bell Choir</b> 1:30 Musical Memories 2:45 Helping Hands 4:15 Music &amp; Massage 6:20 Senses Alive</p>	<p><i>10</i> 11:15 Active Game 1:30 Brain Games 2:45 Bible Reading 4:15 Music &amp; Massage 6:20 Sing-a-long</p>
<p><i>11</i> 11:15 Active Game 1:30 Musical Memories 2:45 Helping Hands 4:15 Music &amp; Massage 6:20 Simple Pleasures</p>	<p><i>12</i> 11:15 Active Game <b>2:00 Ladies Auxiliary Social with Greg H</b> 2:45 Hand &amp; Nail Care 4:15 Music &amp; Massage 6:20 Sing-a-long</p>	<p><i>13</i> 11:15 Active Game 1:30 Musical Memories 2:45 Garden Strolls 4:15 Music &amp; Massage 6:20 Senses Alive</p>	<p><i>14</i> 11:15 Active Game 1:30 Helping Hands 2:15 Afternoon Social <b>2:30 Catholic Mass Vestheim</b> 4:15 Music &amp; Massage 6:20 Hymn Sing</p>	<p><i>15</i> 11:15 Active Game 1:30 Sensory Stimulation <b>2:30 Birthday Party with Mike SorVest</b> 6:20 Simple Pleasures</p>	<p><i>16</i> <b>11:00 Bell Choir</b> 1:30 Musical Memories 2:45 Helping Hands 4:15 Music &amp; Massage 6:20 Senses Alive</p>	<p><i>17</i> 11:15 Active Game 1:30 Brain Games 2:45 Bible Reading 4:15 Music &amp; Massage 6:20 Sing-a-long</p>
<p><i>18</i> 11:15 Active Game <b>2:00 Lutheran Church Service Solheim</b> 4:15 Music &amp; Massage 6:20 Simple Pleasures</p>	<p><i>19</i> 11:15 Active Game 1:30 Bowling 2:45 Hand &amp; Nail Care 4:15 Music &amp; Massage 6:20 Sing-a-long</p>	<p><i>20</i> 11:15 Active Game 1:30 Musical Memories 2:45 Garden Strolls 4:15 Music &amp; Massage 6:20 Senses Alive</p>	<p><i>21</i> 11:15 Active Game 1:30 Helping Hands 2:15 Afternoon Social 4:15 Music &amp; Massage 6:20 Hymn Sing</p>	<p><i>22</i> 11:15 Active Game <b>2:00 Ladies Auxiliary Social with Ed Wahl</b> 4:15 Music &amp; Massage 6:20 Simple Pleasures</p>	<p><i>23</i> <b>11:00 Bell Choir</b> 1:30 Musical Memories 2:45 Helping Hands 4:15 Music &amp; Massage 6:20 Senses Alive</p>	<p><i>24</i> 11:15 Active Game 1:30 Brain Games 2:45 Bible Reading 4:15 Music &amp; Massage 6:20 Sing-a-long</p>
<p><i>25</i> 11:15 Active Game 1:30 Musical Memories 2:45 Helping Hands 4:15 Music &amp; Massage 6:20 Simple Pleasures</p>	<p><i>26</i> <b>10:30 Bethesda Ministry Sor</b> 11:15 Active Game 1:30 Bowling 2:45 Hand &amp; Nail Care 4:15 Music &amp; Massage 6:20 Sing-a-long</p>	<p><i>27</i> 11:15 Active Game 1:30 Musical Memories 2:45 Garden Strolls 4:15 Music &amp; Massage 6:20 Senses Alive</p>	<p><i>28</i> 11:15 Active Game 1:30 Helping Hands <b>1:45 Celebration of Life Sor</b> 2:15 Afternoon Social 4:15 Music &amp; Massage 6:20 Hymn Sing</p>	<p><i>29</i> 11:15 Active Game 1:30 Arts &amp; Crafts 2:45 Garden Strolls 4:15 Music &amp; Massage 6:20 Simple Pleasures</p>	<p><i>30</i> <b>11:00 Bell Choir</b> 1:30 Musical Memories <b>2:30 Pub Social w/ Rob Sor</b> 2:45 Helping Hands 4:15 Music &amp; Massage 6:20 Senses Alive</p>	



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				<p>1 11:15 Ladder Ball 1:00 Word Games 2:15 Social Tea &amp; Current Events 3:00 Movie Time 4:15 Current Events</p>	<p>2 10:00 Bell Choir Vestheim 11:15 Crossword 1:30 Garden Strolls 2:15 Karaoke 3:00 Helping Hands 4:00 Brain Games</p>	<p>3 10:00 Fun n' Fitness 11:15 Music &amp; Massage 2:15 Arts &amp; Crafts 3:15 Mobile Library 4:00 Friendly Visits</p>
<p>4 <b>Family Day</b></p>	<p>5 <b>Labour Day</b> 11:15 Volleyball 2:30 Labour Day Social w/ Rob 4:15 Creative Writing 6:00 Trivia</p>	<p>6 10:00 Fun n' Fitness 11:15 Music &amp; Massage 2:30 Bible Reading &amp; Sharing 3:30 Arts &amp; Crafts 4:00 Friendly Visits</p>	<p>7 10:00 Fun n' Fitness 11:15 Puzzles &amp; Games 2:15 Hymn Sing 3:30 Helping Hands 6:00 Cribbage Club Sor-Vest</p>	<p>8 11:15 Ladder Ball 1:00 Word Games 2:00 Chinese Fellowship Sor 3:00 Movie Time 4:15 Current Events</p>	<p>9 10:00 Bell Choir Vestheim 11:15 Crossword 1:30 Garden Strolls 2:15 Karaoke 3:00 Helping Hands 4:00 Brain Games</p>	<p>10 10:00 Fun n' Fitness 11:15 Music &amp; Massage 2:15 Arts &amp; Crafts 3:15 Mobile Library 4:00 Friendly Visits</p>
<p>11 <b>Family Day</b></p>	<p>12 11:15 Volleyball 2:00 Ladies Auxiliary Social with Greg H. Greg H 4:15 Creative Writing 6:00 Trivia</p>	<p>13 14 10:00 Fun n' Fitness 11:15 Music &amp; Massage 2:15 Social Tea &amp; Trivia 3:30 Resident &amp; Family Council Meeting 4:00 Friendly Visits</p>	<p>14 10:00 Fun n' Fitness 11:15 Puzzles &amp; Games 2:30 Catholic Mass Vestheim 3:30 Helping Hands 6:00 Cribbage Club Sor-Vest</p>	<p>15 11:15 Ladder Ball 1:00 Word Games 2:30 Birthday Party w/ Mike K 4:15 Current Events</p>	<p>16 10:00 Bell Choir Vestheim 11:15 Crossword 1:30 Garden Strolls 2:15 Karaoke 3:00 Helping Hands 4:00 Brain Games</p>	<p>17 10:00 Fun n' Fitness 11:15 Music &amp; Massage 2:15 Arts &amp; Crafts 3:15 Mobile Library 4:00 Friendly Visits</p>
<p>18 2:00 PM Lutheran Service Solheim</p>	<p>19 11:15 Volleyball 1:45 5 Card Bingo 3:00 Movie Time 4:15 Creative Writing 6:00 Trivia</p>	<p>20 10:00 Friendly Visits 10:30 Yoga Class SorVest 11:15 Music &amp; Massage 2:30 Bible Reading &amp; Sharing 3:30 Arts &amp; Crafts 4:00 Friendly Visits</p>	<p>21 10:00 Fun n' Fitness 11:15 Puzzles &amp; Games 2:15 Hymn Sing 3:30 Helping Hands 6:00 Cribbage Club Sor-Vest</p>	<p>22 11:15 Ladder Ball 1:00 Word Games 2:00 Ladies Auxiliary Solheim 3:00 Movie Time 4:15 Current Events</p>	<p>23 10:00 Bell Choir 11:15 Crossword 1:30 Garden Strolls 2:15 Karaoke 3:00 Helping Hands 4:00 Brain Games</p>	<p>24 10:00 Fun n' Fitness 11:15 Music &amp; Massage 2:15 Arts &amp; Crafts 3:15 Mobile Library 4:00 Friendly Visits</p>
<p>25 <b>Family Day</b></p>	<p>26 10:30 Bethesda Ministry Sor 1:00 Word Games 2:15 Social Tea 3:00 Movie Time 4:15 Creative Writing 6:00 Trivia</p>	<p>27 10:00 Friendly Visits 10:30 Yoga Class SorVest 11:15 Music &amp; Massage 2:15 Social Tea &amp; Trivia 3:30 Arts &amp; Crafts 4:00 Friendly Visits</p>	<p>28 10:00 Fun n' Fitness 11:15 Puzzles &amp; Games 1:45 Celebration of Life Sor 2:15 Hymn Sing 3:30 Helping Hands 6:00 Cribbage Club Sor-</p>	<p>29 11:15 Ladder Ball 1:00 Word Games 2:15 Social Tea &amp; Current Events 3:00 Movie Time 4:15 Current Events</p>	<p>30 10:00 Bell Choir Vestheim 11:15 Crossword 1:30 Garden Strolls 2:30 Pub Social w/ Rob Sor 3:00 Helping Hands 4:00 Brain Games</p>	



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				<p>1 10:00 Fun n' Fitness 11:15 Music &amp; Massage 2:00 <i>Chinese Fellowship</i> 4:00 Word Games 6:00 Story Reading <i>Ostheim</i></p>	<p>2 10:00 <i>Bell Choir Vest</i> 11:15 Ladder Ball 1:45 Spelling Bee 4:00 Helping Hands 6:00 Hymn Sing Along</p>	<p>3 10:00 Fun n' Fitness 11:15 Music &amp; Massage 2:15 Simple Pleasures 3:30 Hand &amp; Nail Care 4:30 Sensory Stimulation</p>
<p>4 <i>Family Day</i></p>	<p>5 <i>Labour Day</i> 10:00 Fun n' Fitness 11:15 Music &amp; Massage 2:30 <i>Labour Day Social w/ Rob</i> 4:00 Garden Walks 6:00 Trivia <i>Ostheim</i></p>	<p>6 11:15 Volleyball 1:45 Arts &amp; Crafts 2:30 <i>Bible Reading Ost</i> 3:00 Movie Time 4:00 Mobile Library 6:00 Word Games</p>	<p>7 10:00 Bowling 11:15 Music &amp; Massage 2:30 <i>Cruise Ship Day w/ Colleen D</i> 6:00 Cribbage Club <i>Sor-Vest</i></p>	<p>8 <i>Massage Therapy</i> 10:30 <i>Bethesda Ministry</i> 2:15 Bingo 3:30 Friendly Visits 4:00 Word Games 6:00 Story Reading <i>Ostheim</i></p>	<p>9 10:00 <i>Bell Choir Vest</i> 11:15 Ladder Ball 1:45 Spelling Bee 4:00 Helping Hands 6:00 Hymn Sing Along</p>	<p>10 10:00 Fun n' Fitness 11:15 Music &amp; Massage 2:15 Ice Cream Social 3:30 Hand &amp; Nail Care 4:30 Sensory Stimulation</p>
<p>11 <i>Family Day</i></p>	<p>12 10:00 Fun n' Fitness 11:15 Music &amp; Massage 2:00 <i>Ladies Auxiliary Social with Greg H. SorVest</i> 4:00 Garden Walks 6:00 Trivia <i>Ostheim</i></p>	<p>13 11:15 Volleyball 1:45 Arts &amp; Crafts 2:15 Social Tea 3:30 <i>Res. &amp; Fam. Council Ostheim</i> 4:00 Mobile Library 6:00 Word Games</p>	<p>14 10:00 Bowling 11:15 Music &amp; Massage 2:15 5 Card Bingo 2:30 <i>Catholic Mass Vestheim</i> 3:30 Helping Hands 6:00 Cribbage Club <i>Sor-</i></p>	<p>15 10:00 Fun n' Fitness 11:15 Music &amp; Massage 2:30 <i>Birthday Party w/ Mike K</i> 4:00 Word Games 6:00 Story Reading <i>Ostheim</i></p>	<p>16 10:00 <i>Bell Choir Vest</i> 11:15 Ladder Ball 1:45 Spelling Bee 4:00 Helping Hands 6:00 Hymn Sing Along</p>	<p>17 10:00 Fun n' Fitness 11:15 Music &amp; Massage 2:15 Ice Cream Social 3:30 Hand &amp; Nail Care 4:30 Sensory Stimulation</p>
<p>18 <i>Lutheran Church Service 2:00 PM</i></p>	<p>19 10:00 Fun n' Fitness 11:15 Music &amp; Massage 2:15 Brain Games 3:30 Friendly Visits 4:00 Garden Walks 6:00 Trivia <i>Ostheim</i></p>	<p>20 10:30 <i>Yoga Class SorVest</i> 11:15 Volleyball 1:45 Arts &amp; Crafts 3:00 Movie Time 4:00 Mobile Library 6:00 Word Games</p>	<p>21 10:00 Bowling 11:15 Music &amp; Massage 2:15 5 Card Bingo 3:30 Helping Hands 6:00 Cribbage Club <i>Sor-Vest</i></p>	<p>22 10:00 Fun n' Fitness 11:15 Music &amp; Massage 2:00 <i>Ladies Auxiliary Social with Ed Wahl</i> 4:30 Friendly Visits 6:00 Story Reading <i>Ostheim</i></p>	<p>23 10:00 <i>Bell Choir Vest</i> 11:15 Ladder Ball 1:45 Spelling Bee 4:00 Helping Hands 6:00 Hymn Sing Along</p>	<p>24 10:00 Fun n' Fitness 11:15 Music &amp; Massage 2:15 Simple Pleasures 3:30 Hand &amp; Nail Care 4:30 Sensory Stimulation</p>
<p>25 <i>Family Day</i></p>	<p>26 10:00 Fun n' Fitness 11:15 Music &amp; Massage 2:15 Brain Games 3:30 Friendly Visits 4:00 Garden Walks 6:00 Trivia <i>Ostheim</i></p>	<p>27 10:30 <i>Yoga Class SorVest</i> 11:15 Volleyball 1:45 Arts &amp; Crafts 3:00 Movie Time 4:00 Mobile Library 6:00 Word Games</p>	<p>28 10:00 Bowling 11:15 Music &amp; Massage 1:45 <i>Celebration of Life Sor</i> 2:15 5 Card Bingo 3:30 Helping Hands 6:00 Cribbage Club <i>Sor-</i></p>	<p>29 10:00 Fun n' Fitness 11:15 Music &amp; Massage 2:15 Bingo 3:30 Friendly Visits 4:00 Word Games 6:00 Story Reading <i>Ostheim</i></p>	<p>30 10:00 <i>Bell Choir Vest</i> 11:15 Ladder Ball 1:45 Spelling Bee 2:30 <i>Pub Social w/ Rob Sor</i> 6:00 Hymn Sing Along</p>	





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				<p><i>1</i> 9:45 Fun n' Fitness 11:15 Hand &amp; Nail Care 2:15 Sing Along 3:30 Helping Hands 6:00 Story Reading <i>Ostheim</i></p>	<p><i>2</i> 10:00 <i>Bell Choir</i> 11:15 Current Events 2:15 Bowling 3:30 Music &amp; Massage 4:00 Friendly Visits</p>	<p><i>3</i> 11:15 Ladder Ball 1:45 5 Card Bingo 3:00 Movie Time 4:15 Creative Writing 6:00 Dominoes</p>
<p><i>4</i> <b>Family Day</b></p>	<p><i>5</i> <b>Labour Day</b> 9:45 Fun n' Fitness 11:00 Labour Day Trivia 2:30 <i>Labour Day Social w/ Entertainment</i> 4:30 Music &amp; Massage</p>	<p><i>6</i> 9:45 Fun n' Fitness 11:15 Puzzles &amp; Games 2:15 Brain Games 2:30 <i>Bible Reading Ost</i> 3:30 Music &amp; Massage 6:15 Word Games <i>Solheim</i></p>	<p><i>7</i> 11:15 Volleyball 2:30 <i>Cruise Ship Day w/ Colleen D</i> 4:15 Hymn Sing 6:00 Cribbage Club</p>	<p><i>8</i> <b>Massage Therapy</b> 9:45 Fun n' Fitness 11:15 Hand &amp; Nail Care 2:00 <i>Chinese Fellowship</i> 3:30 Helping Hands 6:00 Story Reading <i>Ostheim</i></p>	<p><i>9</i> 10:00 <i>Bell Choir</i> 11:15 Current Events 2:15 Bowling 3:30 Music &amp; Massage 4:00 Friendly Visits</p>	<p><i>10</i> 11:15 Ladder Ball 1:45 5 Card Bingo 3:00 Movie Time 4:15 Creative Writing 6:00 Dominoes</p>
<p><i>11</i> <b>Family Day</b></p>	<p><i>12</i> 9:45 Fun n' Fitness 11:15 Current Events 2:00 <i>Ladies Auxiliary Social with Greg H SorVest</i> 3:30 Friendly Visits 4:30 Music &amp; Massage</p>	<p><i>13</i> 9:45 Fun n' Fitness 11:15 Puzzles &amp; Games 2:15 Brain Games 3:30 <i>Res. &amp; Fam. Council Ostheim</i> 3:30 Music &amp; Massage 6:15 Word Games <i>Solheim</i></p>	<p><i>14</i> 11:15 Volleyball 1:15 Current Events 2:30 <i>Catholic Mass Vest</i> 4:15 Hymn Sing 6:00 Cribbage Club</p>	<p><i>15</i> 9:45 Fun n' Fitness 11:15 Hand &amp; Nail Care 2:30 <i>Birthday Party w/ Mike K</i> 4:30 Garden Visits 6:00 Story Reading <i>Ostheim</i></p>	<p><i>16</i> 10:00 <i>Bell Choir</i> 11:15 Current Events 2:15 Bowling 3:30 Music &amp; Massage 4:00 Friendly Visits</p>	<p><i>17</i> 11:15 Ladder Ball 1:45 5 Card Bingo 3:00 Movie Time 4:15 Creative Writing 6:00 Dominoes</p>
<p><i>18</i> <b>Lutheran Church Service Solheim, 2:00 PM</b></p>	<p><i>19</i> 9:45 Fun n' Fitness 11:15 Current Events 2:15 Mobile Library 3:30 Friendly Visits 4:30 Music &amp; Massage</p>	<p><i>20</i> 9:45 Friendly Visits 10:30 <i>Yoga Class</i> 2:15 Brain Games 2:30 <i>Bible Reading Ost</i> 3:30 Music &amp; Massage 6:15 Word Games <i>Solheim</i></p>	<p><i>21</i> 11:15 Volleyball 1:45 Arts &amp; Crafts 3:00 Movie Time 4:15 Hymn Sing 6:00 Cribbage Club</p>	<p><i>22</i> 9:45 Fun n' Fitness 11:15 Hand &amp; Nail Care 2:00 <i>Ladies Auxiliary Solheim</i> 2:30 Social Tea 3:30 Helping Hands 6:00 Story Reading <i>Ostheim</i></p>	<p><i>23</i> 10:00 <i>Bell Choir</i> 11:15 Current Events 2:15 Bowling 3:30 Music &amp; Massage 4:00 Friendly Visits</p>	<p><i>24</i> 11:15 Ladder Ball 1:45 5 Card Bingo 3:00 Movie Time 4:15 Creative Writing 6:00 Dominoes</p>
<p><i>25</i> <b>Family Day</b></p>	<p><i>26</i> 9:45 Friendly Visits 10:30 <i>Bethesda Ministry</i> 2:15 Mobile Library 3:30 Friendly Visits 4:30 Music &amp; Massage</p>	<p><i>27</i> 9:45 Individual Visits 10:30 <i>Yoga Class</i> 2:15 Brain Games 3:30 Music &amp; Massage 6:15 Word Games <i>Solheim</i></p>	<p><i>28</i> 11:15 Volleyball 1:45 <i>Celebration of Life</i> 3:00 Movie Time 4:15 Hymn Sing 6:00 Cribbage Club</p>	<p><i>29</i> 9:45 Fun n' Fitness 11:15 Hand &amp; Nail Care 2:15 Sing Along 3:30 Helping Hands 6:00 Story Reading <i>Ostheim</i></p>	<p><i>30</i> 10:00 <i>Bell Choir</i> 11:15 Current Events 2:30 <i>Pub Social w/ Rob Sor</i> 4:30 Friendly Visits</p>	