

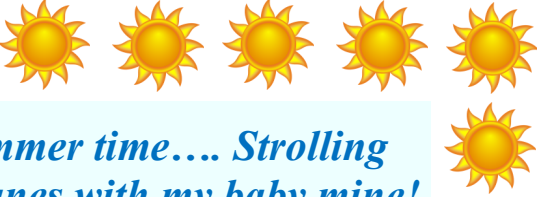
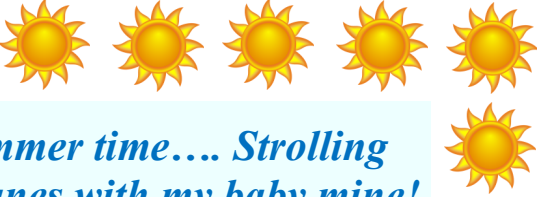




Sun	Mon	Tue	Wed	Thu	Fri	Sat	
 <p>11:15 Active Game 2:00 Ladies Auxiliary Social with Peter W. SorVest 2:45 Hand & Nail Care 4:15 Music & Massage 6:20 Sing-a-long</p>	<p>1 BC Day 11:15 Active Game 2:00 Ladies Auxiliary Social with Peter W. SorVest 2:45 Hand & Nail Care 4:15 Music & Massage 6:20 Sing-a-long</p>	<p>2 11:15 Active Game 1:30 Musical Memories 2:45 Garden Strolls 4:15 Music & Massage 6:20 Senses Alive</p>	<p>3 11:15 Active Game 11:45 Outing: Subway Picnic 1:30 Helping Hands 2:15 Afternoon Social 4:15 Music & Massage 6:20 Hymn Sing</p>	<p>4 11:15 Active Game 1:30 Arts & Crafts 2:00 Chinese Fellowship Sol 2:45 Garden Strolls 4:15 Music & Massage 6:20 Simple Pleasures</p>	<p>5 11:00 Music with Gordon 1:30 Musical Memories 2:45 Helping Hands 4:15 Music & Massage 6:20 Senses Alive</p>	<p>6 11:15 Active Game 1:15 Outing: Scenic Drive 1:30 Brain Games 2:45 Bible Reading 4:15 Music & Massage 6:20 Sing-a-long</p>	
<p>7 Theme Week: MEXICO 11:15 Active Game 1:30 Musical Memories 2:45 Helping Hands 4:15 Music & Massage 6:20 Simple Pleasures</p>	<p>8 11:15 Active Game 1:30 Bowling 2:45 Hand & Nail Care 4:15 Music & Massage 6:20 Sing-a-long</p>	<p>9 10:30 Yoga Class SorVest 11:15 Active Game 1:30 Musical Memories 2:30 Mexican Fiesta with Pancho & Sal Garden 4:15 Music & Massage</p>	<p>10 11:15 Active Game 12:30 BBQ Lunch Garden 2:30 Catholic Mass Vestheim 4:15 Music & Massage</p>	<p>11 11:15 Active Game 1:30 Arts & Crafts 2:45 Garden Strolls 4:15 Music & Massage 6:20 Simple Pleasures</p>	<p>12 11:00 Music with Gordon 1:30 Musical Memories 2:30 Garden Party with Scruffles the Clown Garden 4:15 Music & Massage 6:20 Senses Alive</p>	<p>13 11:15 Active Game 1:15 Outing: Scenic Drive 1:30 Brain Games 2:45 Bible Reading 4:15 Music & Massage 6:20 Sing-a-long</p>	
<p>14 11:15 Active Game 1:30 Musical Memories 2:45 Helping Hands 4:15 Music & Massage 6:20 Simple Pleasures</p>	<p>15 11:15 Active Game 1:30 Bowling 2:45 Hand & Nail Care 4:15 Music & Massage 6:20 Sing-a-long</p>	<p>16 11:15 Active Game 1:30 Musical Memories 2:45 Garden Strolls 4:15 Music & Massage 6:20 Senses Alive</p>	<p>17 11:15 Active Game 2:30 Birthday Party with Colleen D. SorVest 4:15 Music & Massage 6:20 Hymn Sing</p>	<p>18 11:15 Active Game 2:00 Ladies Auxiliary Social with Rob J. Solheim 4:15 Music & Massage 6:20 Simple Pleasures</p>	<p>19 11:00 Active Game 1:30 Musical Memories 2:45 Helping Hands 4:15 Music & Massage 6:20 Senses Alive</p>	<p>20 11:15 Active Game 1:15 Outing: Scenic Drive 1:30 Brain Games 2:45 Bible Reading 4:15 Music & Massage 6:20 Sing-a-long</p>	
<p>21 11:15 Active Game 2:00 Annual Garden Party Therapeutic Garden 6:20 Simple Pleasures</p>	<p>22 11:15 Active Game 1:30 Bowling 2:45 Hand & Nail Care 4:15 Music & Massage 6:20 Sing-a-long</p>	<p>23 9:00 Stanley Park Carriage Ride 10:30 Yoga Class SorVest 11:15 Active Game 1:30 Musical Memories 2:45 Garden Strolls 4:15 Music & Massage 6:20 Senses Alive</p>	<p>24 11:15 Active Game 1:30 Helping Hands 2:15 Afternoon Social 4:15 Music & Massage 6:20 Hymn Sing</p>	<p>25 Massage Therapy 11:15 Active Game 1:30 Arts & Crafts 2:45 Garden Strolls 4:15 Music & Massage 6:20 Simple Pleasures</p>	<p>26 11:00 Active Game 11:45 Outing: Burnaby Horseman Assoc. & Picnic 1:30 Musical Memories 2:45 Helping Hands 4:15 Music & Massage 6:20 Senses Alive</p>	<p>27 11:15 Active Game 1:15 Outing: Scenic Drive 1:30 Brain Games 2:45 Bible Reading 4:15 Music & Massage 6:20 Sing-a-long</p>	
<p>28 11:15 Active Game 2:00 Lutheran Service Solheim 4:15 Music & Massage 6:20 Simple Pleasures</p>	<p>29 10:30 Bethesda Ministry Sor 11:15 Active Game 11:45 Outing: IHOP 1:30 Bowling 2:45 Hand & Nail Care 4:15 Music & Massage 6:20 Sing-a-long</p>	<p>30 11:15 Active Game 1:30 Musical Memories 2:45 Garden Strolls 4:15 Music & Massage 6:20 Senses Alive</p>	<p>31 11:15 Active Game 1:30 Helping Hands 2:00 Celebration of Life Sor 4:15 Music & Massage 6:20 Hymn Sing</p>	 <p><i>In the good ol' summer time.... Strolling through the shady lanes with my baby mine!</i></p>			



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<p><i>1 BC Day</i></p> <p>11:15 Volleyball</p> <p>2:00 Ladies Auxiliary Social with Peter W. SorVest</p> <p>3:00 Movie Time</p> <p>4:15 Creative Writing</p> <p>6:00 Garden Visits</p>	<p><i>2</i></p> <p>10:00 Fun n' Fitness</p> <p>11:15 Music & Massage</p> <p>1:30 Outing: Park Strolls</p> <p>2:15 Afternoon Social</p> <p>3:00 Reminiscing</p> <p>4:00 Friendly Visits</p>	<p><i>3</i></p> <p>10:00 Fun n' Fitness</p> <p>11:15 Puzzles & Games</p> <p>2:15 Hymn Sing</p> <p>3:30 Helping Hands</p> <p>6:00 Crossword <i>SorVest</i></p>	<p><i>4</i></p> <p>11:15 Ladder Ball</p> <p>1:45 Bowling</p> <p>2:00 Chinese Fellowship Sol</p> <p>3:00 Movie Time</p> <p>4:15 Current Events</p> <p>6:00 Games Night</p>	<p><i>5</i> 10:00 Fun n' Fitness</p> <p>10:00 Bell Choir Vestheim</p> <p>11:15 Gardening</p> <p>1:30 Garden Strolls</p> <p>2:15 Social Tea & Trivia</p> <p>3:00 Helping Hands</p> <p>4:00 Brain Games</p>	<p><i>6</i></p> <p>10:00 Fun n' Fitness</p> <p>11:15 Music & Massage</p> <p>2:15 Arts & Crafts</p> <p>3:30 Dominoes</p>
<p><i>7</i></p> <p>Theme Week: Mexico</p>  <p>Family Day</p>	<p><i>8</i></p> <p>11:15 Volleyball</p> <p>1:45 5 Card Bingo</p> <p>3:00 Movie Time</p> <p>4:15 Mexico Trivia</p> <p>6:00 Garden Visits</p>	<p><i>9</i></p> <p>10:30 Yoga Class SorVest</p> <p>11:15 Music & Massage</p> <p>2:30 Mexican Fiesta with Pancho & Sal Garden</p> <p>3:00 Reminiscing</p> <p>4:00 Friendly Visits</p>	<p><i>10</i> 10:00 Fun n' Fitness</p> <p>11:15 Puzzles & Games</p> <p>12:30 BBQ Lunch Garden</p> <p>2:15 Hymn Sing</p> <p>2:30 Catholic Mass Vestheim</p> <p>3:30 Helping Hands</p>	<p><i>11</i></p> <p>11:15 Ladder Ball</p> <p>2:15 Armchair Travel to Mexico</p> <p>3:00 Movie Time</p> <p>4:15 Current Events</p> <p>6:00 Games Night</p>	<p><i>12</i> 10:00 Fun n' Fitness</p> <p>10:00 Bell Choir Vestheim</p> <p>11:15 Gardening</p> <p>2:30 Garden Party with Scruffles the Clown Garden</p> <p>3:00 Helping Hands</p> <p>4:00 Brain Games</p>	<p><i>13</i></p> <p>10:00 Fun n' Fitness</p> <p>11:15 Music & Massage</p> <p>2:15 Arts & Crafts</p> <p>3:30 Dominoes</p>
<p><i>14</i></p> <p>Family Day</p>	<p><i>15</i></p> <p>11:15 Volleyball</p> <p>11:45 Outing: Subway Picnic</p> <p>1:45 5 Card Bingo</p> <p>3:00 Movie Time</p> <p>4:15 Creative Writing</p> <p>6:00 Garden Visits</p>	<p><i>16</i></p> <p>10:00 Fun n' Fitness</p> <p>11:15 Music & Massage</p> <p>2:15 Afternoon Social</p> <p>3:00 Reminiscing</p> <p>4:00 Friendly Visits</p>	<p><i>17</i></p> <p>10:00 Fun n' Fitness</p> <p>11:15 Puzzles & Games</p> <p>2:30 Birthday Party with Colleen D. SorVest</p> <p>3:30 Helping Hands</p> <p>6:00 Crossword <i>SorVest</i></p>	<p><i>18</i> 11:15 Ladder Ball</p> <p>1:45 Bowling</p> <p>2:00 Ladies Auxiliary Social with Rob J. Solheim</p> <p>3:00 Movie Time</p> <p>4:15 Current Events</p> <p>6:00 Games Night</p>	<p><i>19</i></p> <p>10:00 Fun n' Fitness</p> <p>11:15 Gardening</p> <p>1:30 Garden Strolls</p> <p>2:15 Karaoke</p> <p>3:00 Helping Hands</p> <p>4:00 Brain Games</p>	<p><i>20</i></p> <p>10:00 Fun n' Fitness</p> <p>11:15 Music & Massage</p> <p>1:15 Outing: Scenic Drive</p> <p>2:15 Arts & Crafts</p> <p>3:30 Dominoes</p>
<p><i>21</i></p> <p>2:00 Annual Garden Party Therapeutic Garden</p>	<p><i>22</i></p> <p>11:15 Volleyball</p> <p>1:45 5 Card Bingo</p> <p>3:00 Movie Time</p> <p>4:15 Creative Writing</p> <p>6:00 Garden Visits</p>	<p><i>23</i> 9:00 Stanley Park Carriage Ride</p> <p>10:00 Fun n' Fitness</p> <p>10:30 Yoga Class SorVest</p> <p>11:15 Music & Massage</p> <p>2:15 Afternoon Social</p> <p>3:00 Reminiscing</p> <p>4:00 Friendly Visits</p>	<p><i>24</i></p> <p>10:00 Fun n' Fitness</p> <p>11:15 Puzzles & Games</p> <p>2:15 Hymn Sing</p> <p>3:30 Helping Hands</p> <p>6:00 Crossword <i>SorVest</i></p>	<p><i>25</i> Massage Therapy</p> <p>11:15 Ladder Ball</p> <p>1:45 Bowling</p> <p>3:00 Movie Time</p> <p>4:15 Current Events</p> <p>6:00 Games Night</p>	<p><i>26</i> 10:00 Fun n' Fitness</p> <p>11:15 Gardening</p> <p>11:45 Outing: Burnaby Horseman Assoc. & Picnic</p> <p>2:15 Social Tea & Trivia</p> <p>3:00 Helping Hands</p> <p>4:00 Brain Games</p>	<p><i>27</i></p> <p>10:00 Fun n' Fitness</p> <p>11:15 Music & Massage</p> <p>1:15 Outing: Scenic Drive</p> <p>2:15 Arts & Crafts</p> <p>3:30 Dominoes</p>
<p><i>28</i></p> <p>Family Day</p> <p>2:00 Lutheran Church Service Solheim</p>	<p><i>29</i></p> <p>10:30 Bethesda Ministry Sor</p> <p>11:15 Volleyball</p> <p>1:45 5 Card Bingo</p> <p>3:00 Movie Time</p> <p>4:15 Creative Writing</p> <p>6:00 Garden Visits</p>	<p><i>30</i></p> <p>10:00 Fun n' Fitness</p> <p>11:15 Music & Massage</p> <p>11:45 Outing: IHOP</p> <p>2:15 Afternoon Social</p> <p>3:00 Reminiscing</p> <p>4:00 Friendly Visits</p>	<p><i>31</i></p> <p>10:00 Fun n' Fitness</p> <p>11:15 Puzzles & Games</p> <p>2:00 Celebration of Life Sor</p> <p>2:15 Hymn Sing</p> <p>3:30 Helping Hands</p> <p>6:00 Crossword <i>SorVest</i></p>	 <p><i>In the good ol' summer time.... Strolling through the shady lanes with my baby mine!</i></p> 		



Sun	Mon	Tue	Wed	Thu	Fri	Sat	
	1 BC Day 10:00 Fun n' Fitness 11:15 Music & Massage 2:00 Ladies Auxiliary Social with Peter W. SorVest 3:30 Friendly Visits 4:30 Walking Program	2 11:15 Volleyball 1:45 Arts & Crafts 3:00 Movie Time 4:00 Creative Writing 6:00 Hymn Sing	3 10:00 Bowling 11:15 Music & Massage 11:45 Outing: Subway Picnic 2:15 5 Card Bingo 3:30 Helping Hands 6:00 Crossword <i>SorVest</i>	4 10:00 Fun n' Fitness 11:15 Music & Massage 2:00 Chinese Fellowship Sol 2:15 Bingo 3:30 Friendly Visits 4:30 Walking Program	5 10:00 Bell Choir Vestheim 11:15 Ladder Ball 1:45 Spelling Bee 3:00 Movie Time 4:00 Helping Hands 6:00 Karaoke	6 10:00 Fun n' Fitness 11:15 Music & Massage 1:15 Outing: Scenic Drive 2:15 Simple Pleasures 3:30 Hand & Nail Care	
7 Theme Week: Mexico Family Day	8 10:00 Fun n' Fitness 11:15 Music & Massage 4:15 Mexico Trivia 3:30 Friendly Visits 4:30 Walking Program	9 10:30 Yoga Class SorVest 11:15 Volleyball 1:45 Arts & Crafts 2:30 Mexican Fiesta with Pancho & Sal Garden 4:00 Creative Writing 6:00 Hymn Sing	10 10:00 Bowling 11:15 Music & Massage 12:30 BBQ Lunch Garden 2:15 5 Card Bingo 2:30 Catholic Mass Vestheim 3:30 Helping Hands	11 10:00 Fun n' Fitness 11:15 Music & Massage 2:15 Armchair Travel to Mexico 3:30 Friendly Visits 4:30 Walking Program	12 10:00 Bell Choir Vest. 11:15 Ladder Ball 11:30 Outing: Casino 2:30 Garden Party with Scruffles the Clown Garden 4:00 Helping Hands 6:00 Karaoke	13 10:00 Fun n' Fitness 11:15 Music & Massage 2:15 Simple Pleasures 3:30 Hand & Nail Care	
14 Family Day	15 10:00 Fun n' Fitness 11:15 Music & Massage 2:15 Brain Games 3:30 Friendly Visits 4:30 Walking Program	16 11:15 Volleyball 1:45 Arts & Crafts 3:00 Movie Time 4:00 Creative Writing 6:00 Hymn Sing	17 10:00 Bowling 11:15 Music & Massage 2:30 Birthday Party with Colleen D. SorVest 3:30 Helping Hands 6:00 Crossword <i>SorVest</i>	18 10:00 Fun n' Fitness 11:15 Music & Massage 2:00 Ladies Auxiliary Social with Rob J. Solheim 3:30 Friendly Visits 4:30 Walking Program	19 11:15 Ladder Ball 11:30 Outing: Shopping 1:45 Spelling Bee 3:00 Movie Time 4:00 Helping Hands 6:00 Karaoke	20 10:00 Fun n' Fitness 11:15 Music & Massage 2:15 Simple Pleasures 3:30 Hand & Nail Care	
21 2:00 Annual Garden Party Therapeutic Garden	22 10:00 Fun n' Fitness 11:15 Music & Massage 2:15 Brain Games 3:30 Friendly Visits 4:30 Walking Program	23 9:00 Stanley Park Carriage Ride 10:30 Yoga Class SorVest 11:15 Volleyball 1:45 Arts & Crafts 3:00 Movie Time 4:00 Creative Writing 6:00 Hymn Sing	24 10:00 Bowling 11:15 Music & Massage 2:15 5 Card Bingo 3:30 Helping Hands 6:00 Crossword <i>SorVest</i>	25 Massage Therapy 10:00 Fun n' Fitness 11:15 Music & Massage 2:15 Bingo 3:30 Friendly Visits 4:30 Walking Program	26 11:15 Ladder Ball 11:45 Outing: Burnaby Horseman Assoc. & Picnic 1:45 Spelling Bee 3:00 Movie Time 4:00 Helping Hands 6:00 Karaoke	27 10:00 Fun n' Fitness 11:15 Music & Massage 2:15 Simple Pleasures 3:30 Hand & Nail Care	
28 Family Day 2:00 Lutheran Church Service Solheim	29 10:00 Fun n' Fitness 10:30 Bethesda Ministry Sor 11:15 Music & Massage 11:45 Outing: IHOP 2:15 Brain Games 3:30 Friendly Visits 4:30 Walking Program	30 11:15 Volleyball 1:45 Arts & Crafts 3:00 Movie Time 4:00 Creative Writing 6:00 Hymn Sing	31 10:00 Bowling 11:15 Music & Massage 2:00 Celebration of Life Sor 3:30 Helping Hands 6:00 Crossword <i>SorVest</i>	<p><i>In the good ol' summer time.... Strolling through the shady lanes with my baby mine!</i></p>			



Sun	Mon	Tue	Wed	Thu	Fri	Sat	
	1 BC Day 9:45 Fun n' Fitness 11:15 Current Events 2:00 Ladies Auxiliary Social with Peter W. SorVest 3:00 Scrabble 4:00 Friendly Visits	2 9:45 Fun n' Fitness 11:15 Puzzles & Games 2:15 Brain Games 3:30 Music & Massage 6:00 Hymn Sing <i>Solheim</i>	3 11:15 Volleyball 1:45 Arts & Crafts 3:00 Movie Time 4:15 Hymn Sing 6:00 Crossword	4 9:45 Fun n' Fitness 11:15 Hand & Nail Care 2:00 Chinese Fellowship Sol 2:15 Karaoke 3:30 Helping Hands 6:00 Games Night <i>Ostheim</i>	5 10:00 Bell Choir Vestheim 11:15 Crossword Puzzle 11:30 Outing: Bowling 2:15 Bowling 3:30 Music & Massage 4:00 Friendly Visits	6 11:15 Ladder Ball 1:45 5 Card Bingo 3:00 Movie Time 4:15 Garden Visits 6:00 Creative Writing	
7 Theme Week: Mexico Family Day	8 9:45 Fun n' Fitness 11:15 Current Events 4:15 Mexico Trivia 3:00 Scrabble 4:00 Friendly Visits	9 10:30 Yoga Class SorVest 11:15 Puzzles & Games 11:45 Outing: Subway Picnic 2:30 Mexican Fiesta with Pancho & Sal Garden 3:30 Music & Massage 6:00 Hymn Sing <i>Solheim</i>	10 11:15 Volleyball 1:45 Arts & Crafts 12:30 BBQ Lunch Garden 2:30 Catholic Mass Vestheim 3:00 Movie Time 4:15 Hymn Sing	11 9:45 Fun n' Fitness 11:15 Hand & Nail Care 2:15 Armchair Travel to Mexico 3:30 Helping Hands 6:00 Games Night <i>Ostheim</i>	12 10:00 Bell Choir Vestheim 11:15 Crossword Puzzle 2:30 Garden Party with Scruffles the Clown Garden 3:30 Music & Massage 4:00 Friendly Visits	13 11:15 Ladder Ball 1:15 Outing: Scenic Drive 1:45 5 Card Bingo 3:00 Movie Time 4:15 Garden Visits 6:00 Creative Writing	
14 Family Day	15 9:45 Fun n' Fitness 11:15 Current Events 2:15 Tea Social 3:00 Scrabble 4:00 Friendly Visits	16 9:45 Fun n' Fitness 11:15 Puzzles & Games 1:30 Outing: Park Strolls 2:15 Brain Games 3:30 Music & Massage 6:00 Hymn Sing <i>Solheim</i>	17 11:15 Volleyball 2:30 Birthday Party with Colleen D. SorVest 4:15 Hymn Sing 6:00 Crossword	18 9:45 Fun n' Fitness 11:15 Hand & Nail Care 2:00 Ladies Auxiliary Social with Rob J. Solheim 3:30 Helping Hands 6:00 Games Night <i>Ostheim</i>	19 9:45 Fun n' Fitness 11:15 Crossword Puzzle 11:30 Outing: Shopping 2:15 Bowling 3:30 Music & Massage 4:00 Friendly Visits	20 11:15 Ladder Ball 1:45 5 Card Bingo 3:00 Movie Time 4:15 Garden Visits 6:00 Creative Writing	
21 2:00 Annual Garden Party Therapeutic Garden	22 9:45 Fun n' Fitness 11:15 Current Events 11:45 Outing: IHOP 2:15 Tea Social 3:00 Scrabble 4:00 Friendly Visits	23 9:45 Friendly Visits 10:30 Yoga Class SorVest 11:15 Puzzles & Games 2:15 Brain Games 3:30 Music & Massage 6:00 Hymn Sing <i>Solheim</i>	24 11:15 Volleyball 1:45 Arts & Crafts 3:00 Movie Time 4:15 Hymn Sing 6:00 Crossword	25 Massage Therapy 9:45 Fun n' Fitness 11:15 Hand & Nail Care 2:15 Karaoke 3:30 Helping Hands 6:00 Games Night <i>Ostheim</i>	26 9:45 Fun n' Fitness 11:15 Crossword Puzzle 11:45 Outing: Burnaby Horseman Assoc. & Picnic 2:15 Bowling 3:30 Music & Massage	27 11:15 Ladder Ball 1:45 5 Card Bingo 3:00 Movie Time 4:15 Garden Visits 6:00 Creative Writing	
28 2:00 Lutheran Church Service Solheim	29 9:45 Fun n' Fitness 10:30 Bethesda Ministry Sor 11:15 Current Events 2:15 Tea Social 3:00 Scrabble 4:00 Friendly Visits	30 9:45 Fun n' Fitness 11:15 Puzzles & Games 2:15 Brain Games 3:30 Music & Massage 6:00 Hymn Sing <i>Solheim</i>	31 11:15 Volleyball 2:00 Celebration of Life Sor 3:00 Movie Time 4:15 Hymn Sing 6:00 Crossword	<p><i>In the good ol' summer time.... Strolling through the shady lanes with my baby mine!</i></p>			